

The Source

Save paper — sign up for eBill and view this newsletter online, too!



Make a smooth move with eBill

Whether you're moving into a new home, or closing up your camp or summer home, **eBill** can help make your move a smooth one.

- Your bill notification is delivered straight to your inbox, no matter which home you're living in.
- No need to pack any paper bills, you can access your **eBill** history online.

Need assistance? We can help.

The days are getting cooler and the nights are getting longer. Now is the time to prepare your home ahead of your winter energy bill. We have programs to help you do just that:

- Our Budget Payment Plan option is available to eligible customers to help avoid and budget against high energy bills in the winter months by spreading those costs throughout the year.
- Contact **211 Maine** at **211maine.org** or call **211** for information about programs in your area that can help with your energy bill.

Visit **mainenaturalgas.com/HelpWithBill** for a complete list of our programs and services designed to help.

Prevent carbon monoxide poisoning

Carbon monoxide (CO) is a colorless, odorless and toxic gas. Carbon monoxide poisoning can happen in a matter of minutes, so if you suspect a problem, don't hesitate, go outside!

- Exposure to carbon monoxide can cause flu-like symptoms, including headache, dizziness, weakness, nausea and loss of muscle control.
- Carbon monoxide is found in combustion fumes, such as those produced by automobile engines, small gasoline engines, stoves, generators, lanterns, and natural gas ranges, or by burning charcoal, oil, wood or propane.
- The U.S. Consumer Product Safety Commission recommends putting CO detecting alarms outside the bedrooms in each separate sleeping area of your home. Replace or test batteries in your carbon monoxide detectors and smoke alarms at least twice each year.

If you need to report a natural gas emergency or suspect a carbon monoxide problem, please call 911.

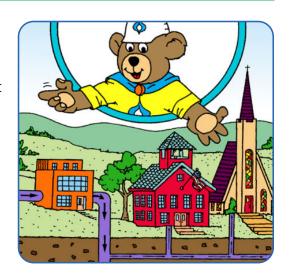
In our community

FREE Energy resources for educators, parents and kids

If you want to teach your students – or your own children – about natural gas safety, our free educational resources are just a click away at MaineNaturalGas.com/school.

There you'll find:

- Explore **Energy Underground** and learn more about natural gas. Whether you like playing games, doing activities or learning about inventions, this is the site for you!
- Grrrr the Natural Gas Safety Bear coloring book and safety posters to print and color.



IMPORTANT INFORMATION

SMELL GAS/GAS LEAKS 877.532.5636

MAIN OFFICE

877.867.1642

207.729.0420

MARKETING

877.867.1642

WEB

mainenaturalgas.com

DIG SAFE

811

888.344.7233



Use your senses to detect gas leaks

A natural gas leak is usually recognized by smell, sight, or sound. Remember, if you smell natural gas, get up, get out and call us or **911** immediately from a safe location. We'll respond quickly to make sure you and your family are safe.



SMELL: Natural gas is colorless and odorless. For your safety, a distinctive, pungent odor, similar to rotten eggs, is added so that you'll recognize it quickly.



SIGHT: You may see a white cloud, mist, fog, blowing dust or bubbles in standing water. You may also see vegetation that appears to be dead or dying for no apparent reason.



SOUND: You may hear an unusual noise like roaring, hissing, or whistling.